

Israel Recommits to God

Lesson 11, 1 Samuel 7:3–11, 15–17, NIV

Water of Renewal

Identify an area of your life that needs cleansing and renewal.



Read: Water is often used in the Bible as a symbol of cleansing, renewal, and new beginnings. In the Old Testament, the Israelites' act of drawing water and pouring it out before the Lord symbolized repentance and a desire for cleansing from their past sins (1 Samuel 7:6).

Act: Take turns using the water station set up in your classroom (look for a bowl with a small stone set inside, a pitcher of water, and a towel). Pour a small amount of water from the bowl onto the stone while reflecting on personal areas where cleansing and renewal are needed.

Discuss: As much as you are comfortable, share about the area of your life that needs cleansing. Talk about how this symbolic act helped you visualize the concept of repentance and purification.

Anatomy of Trust

Read 1 Samuel 7:3–11, 15–17. Identify three (of many) steps the Israelites took to rebuild trust with the Lord.

1. _____
2. _____
3. _____

Write down a current situation (personal, professional, or societal) where your trust is being challenged or where fear is prevalent. _____

Answer the following questions:

1. Do you face any metaphorical enemies? (*examples: economic uncertainty, interpersonal conflict, societal issues*)
2. Identify specific sources of your fear and vulnerability.
3. How might the principles of trust-building that you identified above be applied to this situation?

Write a prayer confessing your fear and asking for God's provision. _____